



From the Heart



Newsletter No. 35

5th November, 2025

COMING UP AT OLSH...

Nov 2025

Fri 7th	Mission Day
Tues 19th	Subway Lunch
Mon 24th - Fri 28th	Year 5/6 Camp
Fri 28th	Gym and Swimming

Dec 2025

Mon 1st	Pupil Free Day —Planning Day
Fri 5th	Gym and Swimming
Thu 11th	Thanksgiving: Graduation Mass
Fri 12th	Gym and Swimming
Tues 16th	Subway Lunch

From the Principal...

Dear Families and Friends of OLSH,

As we move into a busy and meaningful time in our school year, I want to take a moment to thank you all for your continued support of our wonderful school.

This Friday 7 November, we celebrate Mission Day, a special day dedicated to raising awareness and funds for the missionary work of our OLSH Sisters in South Sudan. It's always a highlight of the year, and we're looking forward to a fun and meaningful day. We are still in need of volunteers to help set up, cook the BBQ, run stalls and help with pack up, and we'd greatly appreciate donations of baked goods for our Cake Stall. If you're able to assist in any way, please contact the Lisa. Thank you in advance for your generosity and support.

We

are incredibly proud of Frankie who will be competing in the Victorian State Athletics Championships tomorrow Thursday 6 November, running in both the 800m and 1500m finals. This an inspiring and outstanding achievement by a determined and hard working athlete! We wish Frankie a great championship. We know she will do her best and will be cheering Frankie on all the way from Elmore. GO FRANKIE!!!

PAM (Parent Access Module) is still currently inaccessible for families. We sincerely apologise for the inconvenience and appreciate your patience. It is hoped that access will be restored by Monday 10 November. We will continue to communicate important updates via email and SeeSaw in the meantime. The Canberra Camp Permission Form will be sent home as a hard copy.

Next Tuesday 11 November, we will gather as a school to mark Remembrance Day with a liturgy at 10:50am. Families are warmly invited to join us as we pause to honour those who have served and sacrificed in times of war and peacekeeping.

Thank you again for all that you do to support our school. We look forward to seeing you all at Mission Day and Remembrance Day.

With peace and blessings,

Lisa



REMEMBRANCE Day

God of peace,
We remember with gratitude those who have served our country,
And those who continue to work for justice and peace in our world.
May we honour their memory by living with compassion, courage and hope.
Help us to be peacemakers in our homes, our school and our community.
We ask this through Christ our Lord.
Amen.

At OLSH we acknowledge and pay respect to the Dja Dja Wurrung people, the original custodians of the land on which our parish school is located. We pay our respects to elders past and present and commit to actively work alongside First Nations People for reconciliation and justice for all.

Our Lady of the Sacred Heart School promotes the safety, wellbeing and inclusion of all children.

W: olshelmore.catholic.edu.au PH: 5432 6254 E: principal@olshelmore.catholic.edu.au

School News

Mission Day – Friday 7 November

Our Mission Day planning is about to come to life this week on Friday 7 November. Thank you to our families for supporting the students with their stalls. A reminder that students and families do not need to supply prizes these will be provided by the school. The students are creating their Mission Day stalls to be fun for all ages. This is a massive community effort that demonstrates the amazing community that is OLSH!

The students do not need to bring along their stall items until the week of Mission Day. Perishable items can be sent on the day.

We will once again have our Cake Stall and be asking families to share something for the stall. Our families are invited to come and help out from 9am if you are available on the day. This will include setting up the BBQ, coffee and tea and the cake stall.

If you have any questions, please contact Lisa.

Thank you to Tyler!

A big thank you to Tyler for a great week of work experience at OLSH. We loved welcoming Tyler back to our school and appreciated all of his work especially for Mission Day and World Teachers' Day.

Grade 5 & 6 Canberra Camp

As PAM is still not available to families we will send home the permission form today. Megan Gerrish from CESL will be accompanying Lisa and the Grade 5 & 6 students on the camp. Thank you to Megan for her generosity in joining us on our trip to Canberra!

Campaspe Cluster Summer Sports

OLSH students from Years 2-6 and students from across the Campaspe Cluster will come together for a fun-filled afternoon of Summer Sports on Wednesday 12 November, starting at 12:00pm. The event will be held at the Elmore Recreation Reserve, where students will have the opportunity to participate in tennis, cricket and lawn bowls. This fun cluster event promotes teamwork and active participation, while giving students a chance to enjoy a variety of sports in a friendly and supportive environment. Families are welcome to come along and cheer on the students as they

engage in a great afternoon of physical activity and community spirit.

We look forward to seeing everyone there!

Little Chevies

Our Little Chevies are invited to join us for Mission Day this Friday. We will resume our transition program on Friday 14 November 9am-11:45am. The 2026 Foundation students have been doing so well during the program and have enjoyed the many aspects of school life they have participated in during Little Chevies.

Science Music Specialist Swap – Week 6 to Monday 10 November

Subway – Tuesday 19 November & Tuesday 16 December

Students will be able to enjoy a delicious Subway lunch at OLSH on Tuesday 19 November & Tuesday 16 December. Please log on to Canteen Hub to place your orders.



Pupil Free Days Term 4 2025

Monday 1 December – 2026 Planning Day

Wednesday 17 December – Staff Day

Thursday 18 December – Magnify Day

Friday 19 December - Magnify Day

2026 Pupil Free Days

We still have one day to allocate for staff professional learning. CESL are going to share potential dates when we will need to be off-site for ICT upgrades. Once we have received these, we will share the final 2026 pupil free date with you.

School News

2026 Foundation Enrolments

Still Open

Term 1 2026

Tuesday 27 January - First Day for School Staff

Wednesday 28 January - Staff Preparation

Thursday 29 January - Staff Preparation

Friday 30 January – OLSH Students Commence

Term 2 2026

Monday 20 April CESL Learning & Teaching Seminar

Friday 5 June CESL Student Wellbeing & Safeguarding

Term 3 2026

Wednesday 5th August CESL Staff Spirituality Day

Term 4 2026

Monday 2 November CESL Report Writing Day

Friday 4 December 2027 Planning Day

Tuesday 15 December OLSH Students Finish

Wednesday 16 December OLSH Staff Finish

Let's Bee Better Readers

Our reading will happen outside now that winter is over. We had a great start to spring with our first outside reading session last week.

Magnify Sandhurst

There are some great insights into Magnify Sandhurst and Catholic Education on these locally produced podcasts.



School News

LEARNERS OF THE WEEK



Term 4, Week 3: Congratulations to our Learners of the Week!



Our Lady of the Sacred Heart School - Elmore

LITTLE CHEVIES FOUNDATION 2026 TRANSITION



- ★ Friday 24 October 9am-11am
- ★ Friday 31 October 9am-11:45am
- ★ Friday 7 November 11am-2pm: Mission Day attend with families
- ★ Friday 14 November 9am-11:45am
- ★ Tuesday 9 December 9am-2:30pm: Statewide Transition Day

All Welcome

Contact us for more information:
03 5432 6254
principal@olshelmore.catholic.edu.au



OUR LADY OF THE SACRED HEART
ELMORE

WE ARE LOOKING FOR EXCEPTIONAL LEARNING SUPPORT OFFICERS

Join the dedicated and welcoming OLSH team in 2026. If you're passionate about education, love working with children and want to make a real difference in a supportive school community, then we'd love to hear from you!

Apply using the QR Code or visit careers.ceosand.catholic.edu.au/jobs
For more information:

03 5432 6254

principal@olshelmore.catholic.edu.au



Catholic Identity

NEWS FROM SOUTH SUDAN



South Sudan remains one of the poorest countries in the world, and the Sisters of Our Lady of the Sacred Heart continue to make a profound impact through a range of life-changing projects. These include food rations for over 500 vulnerable individuals, fresh water supply installations, and vital educational support for primary, secondary, and satellite schools. The Aid Fund also provides residential accommodation for students living too far from school, supports disadvantaged children, and maintains school facilities and teacher salaries. Additional initiatives include housing for flood-affected communities, vehicle maintenance for outreach, support for women's groups, and disability assistance. These efforts reflect the spirit of compassion and service at the heart of the OLSH mission

On behalf of the Sisters of the Daughters of Our Lady of the Sacred Heart, thank you so much for your generous and continued support of the mission of the Sisters. The funds you send greatly helped in improving the lives of so many poor, hungry, sick and vulnerable people.

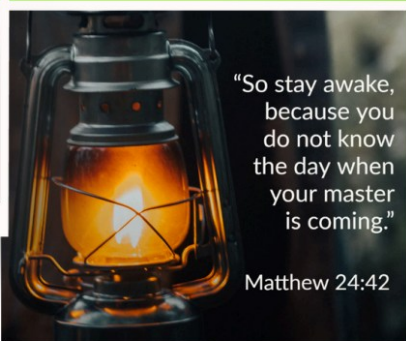
The Sisters pray daily for all their benefactors. Please also keep them and their work in your prayers.

On behalf of the Sisters and the people they serve, thank you for all you do. God Bless.

**With much gratitude,
Josephine Apolonio
OLSH Overseas Aid Administrator**



Advent
Invitation
@OLSH



"So stay awake, because you do not know the day when your master is coming."

Matthew 24:42

Chevie Centre
All welcome

Advent Liturgies Schedule
Tuesday 2 December – 3:00 PM
Monday 8 December – 3:00 PM
Monday 15 December – 3:00 PM



**Read.
Wear.
Give.**

Our Lady of the Sacred Heart School is collecting good-quality clothing and books to sell at our Mission Day on Friday, November 7. All proceeds will go directly to support the incredible work of the OLSH Sisters in South Sudan. If you have items to donate, please bring them to OLSH School before Friday, November 7.

Lunchbox Ideas

One **bowl banana muffins**. Bursting with sweet banana flavour with a golden crust – these muffins make the perfect mid-morning or lunch box snack. You'll need 2 spotty bananas for this recipe.



Ingredients

- 2 very ripe bananas, peeled
- 2 eggs
- 1/2 cup (125 ml) olive oil
- 1/2 cup (125 ml) greek or natural yoghurt
- 1/2 cup (90 grams) brown sugar
- 1/3 cup (80ml) golden syrup (or maple syrup)
- 1 tablespoon vanilla extract
- 2 1/4 cups (340 grams) plain wholemeal (wholewheat) flour
- 2 teaspoons baking powder
- 1 teaspoon cinnamon, ground
- 1/2 teaspoon nutmeg, ground
- 1/4 teaspoon ginger, ground

Method

1. Preheat oven to 180 C (350 F) and line a 12 hole muffin tin with papers. Set aside.
2. Place bananas into large mixing bowl and mash using a fork.
3. To the mashed bananas, add the eggs, olive oil, yoghurt, sugar, syrup and vanilla and whisk to combine.
4. Add flour, baking powder, cinnamon, nutmeg and ginger and stir using a wooden spoon until just combined.
5. Evenly divide the batter between the prepared tin.
6. Bake for 12-15 minutes or until a skewer inserted removes cleanly
7. Enjoy x

Muffins best kept in an airtight container in the fridge. Will keep for 2-3 days. Muffins are freezer friendly. Store in an airtight container or zip lock bag. Will keep for 3 months.

Ingredients List

NAME:		
DATE MADE:		
INGREDIENTS: (tick ingredients and/or list below)		
<input type="checkbox"/>	FLOUR	
<input type="checkbox"/>	SUGAR	
<input type="checkbox"/>	EGGS	
<input type="checkbox"/>	MILK	

NAME:		
DATE MADE:		
INGREDIENTS: (tick ingredients and/or list below)		
<input type="checkbox"/>	FLOUR	
<input type="checkbox"/>	SUGAR	
<input type="checkbox"/>	EGGS	
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<input type="checkbox"/>	EGGS	
<input type="checkbox"/>	MILK	

Child Safeguarding

Volunteering at OLSH – Volunteer Applications

At Our Lady of the Sacred Heart School, the safety and wellbeing of our students is our highest priority. To uphold our commitment to child safety, ALL Volunteers are required to review and acknowledge our Child Safe Code of Conduct, Staff & Students Professional Boundaries Policy and Photography & Video Policy and Procedures. Additionally, Volunteers must complete a Volunteer Registration form and successfully complete the CESL School Volunteer Induction before commencing their role as a Volunteer.

We deeply value the contributions of our Volunteers and appreciate your support in maintaining a culture of care and protection. Thank you to all of our volunteers who have already completed their applications and for the valuable contributions you make to OLSH. Together, we can continue to provide a safe and nurturing space for every child to thrive.

For more information regarding volunteering, contact us or click on the link to complete the Volunteer Registration form. [Volunteer Registration Form](#) or scan the QR Code. 

All Volunteers will be asked to:

- Complete a Volunteer Registration form (including personal details, Working with Children Check (WWCC) and 2 personal referees), please inform your referees they will be contacted by the school in relation to your volunteering.
- Once you have completed the Volunteer Registration form and are approved to Volunteer at the school, you will be sent an email with a link to access the required training: (Please note – Completing this induction replaces the previous onsite induction interview)
- CESL School Volunteer Induction; and
- Read and acknowledge the Child Safe Code of Conduct, Staff & Students Professional Boundaries Policy and Photography & Video Policy and Procedures.

All Volunteers will be required to update details at the start of each year and inform the school of any changes to your circumstances or updates to your WWCC. All Volunteers will need to complete the CESL School Volunteer Induction and read and acknowledge all relevant safeguarding policies at the start of each school year even if an existing Volunteer.

All information received regarding volunteering and providing referee details will be maintained in line with CESL Privacy Policy.

Please direct your referees to complete their initial referee check online using the QR Code below.

If you have any questions, or would like support to complete your application, please contact the school.

Volunteer Application



Our Lady of the Sacred Heart School Elmore is a



Child Safe School

we are committed to child safety at all levels
As a child, you have the right

- to tell someone if you are unhappy
- to have fun and do activities you enjoy
- to have a say and be heard
- to be provided with information
- to be allowed to be a child and be treated with respect
- if you are an Aboriginal or Torres Strait Islander child, to feel proud and strong in your own culture

If you do not feel safe, you can talk to one of our Child Safeguarding Officers.

Mrs Lisa Hitchcock
Ms Denise Nihill
Mrs Kim Portwine
Miss Lizzy Forbes

As a school community we work together to ensure we are child safe and that we empower student voice



Volunteer Referee Check Online Form QR Code



Community News

We invite anyone with young children to come along to Parent Play!

After much consultation we are offering a great opportunity for all families to be delivered right here at Elmore Kinder.

The Parent and Play Program during term 3 and 4 this year will consist of one information session and four "Parent Play" sessions here at kinder

All FREE with access to various qualified professionals including speech therapist, occupational therapist and psychologist.

30 JUL Parent Information Session - Elmore Hall Supper Room

13 AUG Play Session 1 - Promoting Communication & Language

03 SEP Play Session 2 - Planning, Focus & Attention

15 OCT Play Session 3 - Sharing & Turn Taking

12 NOV Play Session 4 - Heavy Work

SESSIONS ARE
12 - 2PM
ON WEDNESDAYS
DURING KINDER
SESSIONS



03 5432 6341

65 Hervey Street, Elmore
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SWIMMING LESSONS EXPRESSIONS OF INTEREST

We'd love to be able to offer Swimming lessons all summer this year.

We are looking at a few different avenues for facilitating these but it would be dependent on numbers.

Please fill out our online form if you are interested in swimming lessons for your children at Elmore Pool.

<https://tinyurl.com/SwimEOI>



ELMORE
Swimming Pool

ELMORE

GET FIRE READY!

DO YOU KNOW YOUR FIRE RISK?

WEDNESDAY 5 NOVEMBER

7 PM

ELMORE FIRE STATION
61 HERVEY STREET, ELMORE

The Elmore Fire Brigade invites you to come along to a free Community Information Session about fire safety to assist you about how to be best prepared for this fire season.

- Could a fire reach my place?
- What if the road is closed?
- Will someone knock on my door to tell me to leave?
- What about the kids?
- What about my pets?



Bushfires happen every year. Spend time now and learn how you can keep you, your family and your friends safe from fire this season.



For further information on how to prepare your property for fire scan QR code or visit www.cfa.vic.gov.au