



COMING UP AT OLSH...

Oct 2025

- Fri 24th Prep Transitions
- Fri 31st Prep Transitions
World Teachers Day

Nov 2025

- Mon 3rd **Pupil Free Day - Report Writing Day**
- Tues 4th **Melbourne Cup Public Holiday**
- Fri 7th Mission Day
- Mon 24th - Fri 28th Year 5/6 Camp
- Fri 28th Gym and Swimming

Dec 2025

- Mon 1st **Pupil Free Day—Planning Day**
- Thu 11th Thanksgiving: Graduation Mass

From the Principal...

Dear Families and Friends of OLSH,

What an exciting and energetic start to the term we've had at OLSH.

October is Mission Month, a time when we reflect on our call to live out the Gospel through service, compassion, and community. The excitement is building for our upcoming Mission Day, and it's been wonderful to see our Senior and Middle students enthusiastically planning their stalls. Their creativity and teamwork truly reflect the spirit of mission in action.

During October, Pope Leo XIV invites us to pray "that believers in different religious traditions might work together to defend and promote peace, justice and human fraternity." At a time when peace and love are needed more than ever, the Pope Leo recalls that religions must be "bridges and prophecy," and

not "weapons or walls."

We're also excited to welcome our Little Chevies this Friday as they begin their transition to Foundation at OLSH. Their arrival marks the beginning of their OLSH journey, and we feel so privileged to support them as they take their first steps into primary school life.

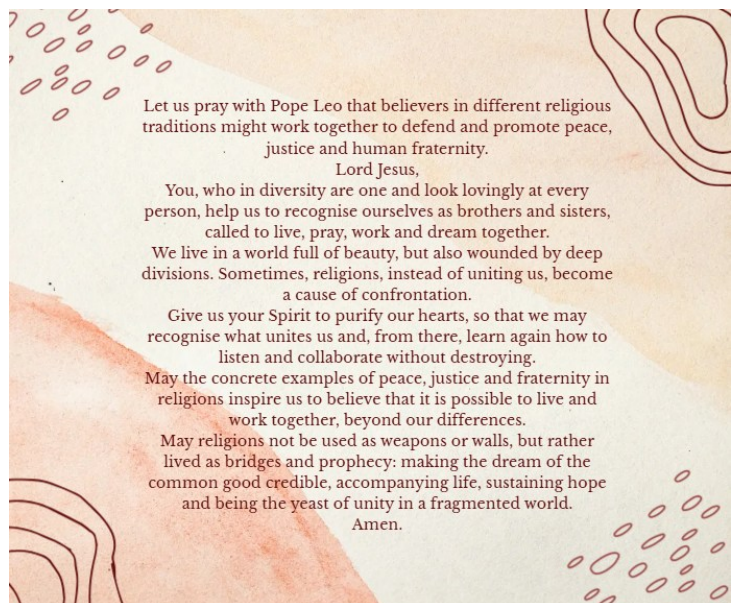
Last week, our students enjoyed a fantastic excursion to the Melbourne Museum and IMAX. Their care for each other and the respect they showed were outstanding, and they engaged deeply with all of the experiences. A big thank you to our staff for their care and organisation, and to our families for ensuring students arrived early and ready to go!

We're continuing to enjoy our outdoor reading sessions every Tuesday and Thursday in our beautiful school grounds. It's a joy to see students immersed in books while surrounded by nature—what a wonderful way to learn.

A special thank you to Cassidy, our Work Experience student, who joined us in Week 2. It was so good to welcome Cassidy back to OLSH and we were very grateful for all of her work and support – especially on the Melbourne excursion.

With peace and blessings,

Lisa Hitchcock



Let us pray with Pope Leo that believers in different religious traditions might work together to defend and promote peace, justice and human fraternity.

Lord Jesus,

You, who in diversity are one and look lovingly at every person, help us to recognise ourselves as brothers and sisters, called to live, pray, work and dream together.

We live in a world full of beauty, but also wounded by deep divisions. Sometimes, religions, instead of uniting us, become a cause of confrontation.

Give us your Spirit to purify our hearts, so that we may recognise what unites us and, from there, learn again how to listen and collaborate without destroying.

May the concrete examples of peace, justice and fraternity in religions inspire us to believe that it is possible to live and work together, beyond our differences.

May religions not be used as weapons or walls, but rather lived as bridges and prophecy: making the dream of the common good credible, accompanying life, sustaining hope and being the yeast of unity in a fragmented world.

Amen.

At OLSH we acknowledge and pay respect to the Dja Dja Wurrung people, the original custodians of the land on which our parish school is located. We pay our respects to elders past and present and commit to actively work alongside First Nations People for reconciliation and justice for all.

Our Lady of the Sacred Heart School promotes the safety, wellbeing and inclusion of all children.

W: olshelmore.catholic.edu.au PH: 5432 6254 E: principal@olshelmore.catholic.edu.au

School News



Mission Day – Friday 7 November

Our Mission Day planning is going very well and excitement is building. Thank you to our families for supporting the students with their stalls. A reminder that students and families do not need to supply prizes these will be provided by the school. The students are loving the opportunity to create their stalls. This is such an amazing community event that reflects our OLSH Charism of love and to share this with the Elmore Community.

The students do not need to bring along their stall items until the week of Mission Day. Perishable items can be sent on the day.

We will once again have our Cake Stall and be asking families to share something for the stall. A letter with information about the stall will be sent home later this week.

We invite our families to come and help out from 9am if you are available on the day. This will include setting up the BBQ, coffee and tea and the cake stall. A volunteer form will be included with the cake stall letter and lunch order form.

If you have any questions, please contact Lisa.

School Advisory council Meeting

Our School Advisory Council postponed their final meeting for 2025. A new date will be shared later this week. Thank you to our School Advisory Council Members for their commitment to our school community.

Emergency Management Drill – Monday 27 October

As part of our ongoing commitment to child safety and bushfire preparedness, we will conduct an Emergency Management Drill on Monday 27 October at 11:40am.

This drill will be an evacuation to an off-site location- we will not be leaving school just practising to leave, allowing staff and students to practise procedures in the event of a real emergency. We use these drills as opportunities to strengthen our readiness and ensure everyone knows what to do in a calm and safe manner.

OLSH is classified as a Level 4 school on the Bushfire At-Risk Register (BARR), which means we follow protocols to ensure the safety of our school community, particularly during high-risk periods. This drill is an example of one of these protocols.

We appreciate your support and understanding as we continue to prioritise the wellbeing and safety of all students, staff and community.

If you have any questions or concerns, please don't hesitate to contact Lisa.

Pupil Free Days Term 4 2025

- Monday 3 November – Report Writing Day
- Monday 1 December – 2026 Planning Day
- Wednesday 17 December – Staff Day
- Thursday 18 December – Magnify Day--
- Friday 19 December - Magnify Day

2026 Pupil Free Days

We have received the 2026 pupil free days from Catholic Education Sandhurst Ltd (CESL). We have two remaining days to allocate to our professional learning and practice here at OLSH. These will be decided in the coming weeks and communicated to our families asap.

Term 1 2026

- Tuesday 27 January - First Day for School Staff
- Wednesday 28 January - Staff Preparation
- Thursday 29th January - Staff Preparation
- Friday 30th January – OLSH Students Commence

Term 2 2026

- Monday 20th April CESL Learning & Teaching Seminar
- Friday 5th June CESL Student Wellbeing & Safeguarding

Term 3 2026

- Wednesday 5th August CESL Staff Spirituality Day

Term 4 2026

- Monday 2nd November CESL Report Writing Day
- Tuesday 15th December CESL Students Finish
- Wednesday 16th December CESL Staff

School News

Volunteer Induction Sessions

We are incredibly grateful for the generous support of volunteers who contribute their time, energy, and care to our school community. Whether you're helping with our morning reading, supporting events or assisting with sports programs, your presence makes a real difference.

Our Child Safeguarding and Wellbeing Policy and Procedures requires all volunteers to have an induction to ensure our Child Safeguarding is known and enacted. We will be holding Volunteer Induction Sessions throughout Term 4. These sessions are essential for anyone who wishes to volunteer at the school.

Date: Thursday 23 October and Thursday 30 October

Time: 3pm

Location: School Meeting Room

All volunteers must attend an induction session before commencing their role.

We are very grateful for your willingness to be part of our school's mission to nurture, support, and inspire every child.

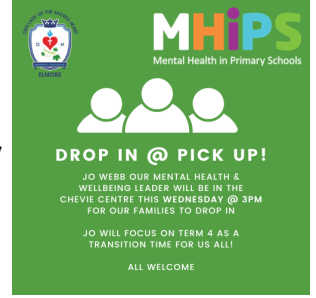
MHIPS

Drop in @ Pic-up has returned for Term 4. Please feel free to catch up with Jo at a session on transition or if you have any questions



Let's Bee Better Readers

Our reading will happen outside now that winter is over. We had a great start to spring with our first outside reading session last week.



Magnify Sandhurst

There are some great insights into Magnify Sandhurst and Catholic Education on these locally produced podcasts.



2026 Foundation Enrolments

Still Open

Statewide Transition Day:
Tuesday 9th December 2025
9:00am - 2:30pm

Foundation Transition Program - Little Chevies
Friday Oct 24th - 9:00am - 11:00am
Friday Oct 31st - 9:00am - 11:45am
Friday Nov 7th - 9:00am - 11:00am* OLSH Mission Day
optional but must attend with a parent
Friday Nov 14th - 9:00am - 11:45am
Tues Dec 9th 9:00am - 2:30pm

Our Lady of the Sacred Heart School - Elmore

LITTLE CHEVIES FOUNDATION 2026 TRANSITION

- ★ Friday 24 October 9am-11am
- ★ Friday 31 October 9am-11:45am
- ★ Friday 7 November 11am-2pm: Mission Day attend with families
- ★ Friday 14 November 9am-11:45am
- ★ Tuesday 9 December 9am-2:30pm: Statewide Transition Day

All Welcome

Contact us for more information:
03 5432 6254
principal@olsheilmore.catholic.edu.au





School News

Exploring Literature and Taste in the Senior Class

The senior class has been thoroughly enjoying *The Last Bear*, a moving story about a young girl named April who discovers a starving polar bear on a remote Arctic island. The novel explores themes of friendship, environmental awareness, and resilience.

A detail from the story caught our attention—April's father, Edmund, has a fondness for aniseed lollies. Inspired by this, the class decided to take part in an aniseed lolly taste test. The results? Let's just say they were entertaining but not entirely surprising!

Our photos capture the reactions—proof that literature can spark both thoughtful discussion and shared experiences. Well done, grades five and six, for having a go!



**JOIN US FOR OUR
OLSH MISSION DAY**

**FRIDAY
7 NOVEMBER
11.00AM TO 2:00PM**

ALL WELCOME

LOTS OF ACTIVITIES

FUN GAMES

FOOD STALLS

PLANT STALL & LOTS MORE!

**OLSH SCHOOL
32 JEFFREY ST
ELMORE**

**ALL MONEY RAISED IS GOING TO THE MISSIONARY
WORK OF THE OLSH SISTERS IN SOUTH SUDAN**

"May the Sacred Heart of Jesus be everywhere loved!"

OUR LADY OF THE SACRED HEART
D N
REGINA CHRISTUS
ELMORE

Catholic Identity

Congratulations, Father Junray, on 10 years as a priest!
 Invitation to attend Thanksgiving Mass 10am Sunday 26th Saint Kilian's Bendigo



Work-in-Progress: Mosaic Surfboard Project!
 Ms. Nihill is inviting students to help present the mosaic surfboard to Father Junray after Mass.

161 McCrae St.



FIRST SUNDAY OF ADVENT - NOVEMBER 30TH (START OF ADVENT 2025)



ADVENT WEEK ONE

Advent Liturgies Schedule
 Tuesday 2 December – 3:00 PM
 Monday 8 December – 3:00 PM
 Monday 15 December – 3:00 PM

Advent provides us with the opportunity to slow down, to reflect, to take the time to prepare our hearts for Jesus once again. It is time to think about how we may truly receive Jesus, God-with-us (Emmanuel) this Christmas. Advent is a wonderful time in the school year for us all to live the gifts of waiting, patience, anticipation and hope.



This week, think about the things that make you hopeful. Find an empty jar and decorate it as your Jar of Hope. Write down the things that you are missing doing at the moment and put them in the jar. This way you can look in your Jar of Hope and celebrate and appreciate being able to do things again.



FIRE Carrier Commissioning Ceremony

On Monday afternoon, our school gathered respectfully for a special moment led by Tanika Thornton, CESL Aboriginal Education Officer. During the ceremony, Dawn, Amelia, and Frankie were officially commissioned as FIRE Carriers—Friends Igniting Reconciliation in

Education.

FIRE Carriers are students and staff who care deeply about learning and sharing the stories, culture, and history of First Nations Peoples. They help others understand the importance of respect, fairness, and inclusion.

As a FIRE Carrier School, we are committed to weaving First Nations culture and spirituality into our learning and celebrations. This commitment reaches beyond the classroom, connecting with our wider community to build understanding and friendship. We are very proud of Dawn, Amelia, and Frankie for taking on this initiative. We look forward to walking this journey with them.



Lunchbox Ideas

Packing zucchini slice in your kids' lunchbox is an easy to make alternative to packing a sandwich. Eggs are rich in protein, and this recipe is packed with veges, meaning it's a lunchbox inclusion you can feed good about.



Ingredients

- ▲ 5 eggs
- ▲ pepper
- ▲ 1 large zucchini, grated
- ▲ 400 g carrot, sweet potato or pumpkin, peeled and grated
- ▲ 1 1/2 cups canned corn kernels or frozen peas, drained
- ▲ 1 medium brown onion, peeled and diced
- ▲ 2 tsp dried mixed herbs
- ▲ 3/4 cup wholemeal self-raising flour
- ▲ 1 cup reduced-fat cheddar cheese, grated
- ▲ olive or canola oil spray
- ▲ 3 large tomatoes, sliced, optional
- ▲ green side salad, to serve

Summer-1 Main Vegetarian Lunchbox Egg EBL Green EBL Orange and Yellow Lunch Nut-free DudeFood Footy Finals Frittata Celebrations

Cook Mode Prevent your screen from going dark

Method

1. Preheat oven to 200°C (180°C fan forced).
2. Whisk eggs in a medium jug, season with black pepper and set aside.
3. Squeeze grated vegetables to remove some of the excess moisture.
4. In a large bowl combine all ingredients except tomato. Add eggs and stir mixture until well combined.
5. Spray a large baking dish with oil. Pour in zucchini mix and flatten with a spoon. Cover with tomato slices arranged in a single layer.
6. Bake for 40-45 minutes or until firm and golden brown.
7. Rest in the pan for 10 minutes before dividing into 6 pieces and cutting into slices. Serve with a green side salad.

Variation: Substitute other vegetables including baby spinach, cherry tomatoes, broccoli florets, chopped asparagus or mushrooms, grated parsnip or potato and add fresh parsley, basil or dill.

Serving Suggestion: Serve hot or cold, as a healthy favourite for toddlers, children and adults alike. Great to take on a picnic, served as a finger food cut into small squares.

Healthy tip!


Choose plain water or soda water in place of a sugary drink.

Child Safeguarding

Volunteering at OLSH – Volunteer Applications

At Our Lady of the Sacred Heart School, the safety and wellbeing of our students is our highest priority. To uphold our commitment to child safety, ALL Volunteers are required to review and acknowledge our Child Safe Code of Conduct, Staff & Students Professional Boundaries Policy and Photography & Video Policy and Procedures. Additionally, Volunteers must complete a Volunteer Registration form and successfully complete the CESL School Volunteer Induction before commencing their role as a Volunteer.

We deeply value the contributions of our Volunteers and appreciate your support in maintaining a culture of care and protection. Thank you to all of our volunteers who have already completed their applications and for the valuable contributions you make to OLSH. Together, we can continue to provide a safe and nurturing space for every child to thrive.

For more information regarding volunteering, contact us or click on the link to complete the Volunteer Registration form. [Volunteer Registration Form](#) or scan the QR Code. 

All Volunteers will be asked to:

- Complete a Volunteer Registration form (including personal details, Working with Children Check (WWCC) and 2 personal referees), please inform your referees they will be contacted by the school in relation to your volunteering.
- Once you have completed the Volunteer Registration form and are approved to Volunteer at the school, you will be sent an email with a link to access the required training: (Please note – Completing this induction replaces the previous onsite induction interview)
- CESL School Volunteer Induction; and
- Read and acknowledge the Child Safe Code of Conduct, Staff & Students Professional Boundaries Policy and Photography & Video Policy and Procedures.

All Volunteers will be required to update details at the start of each year and inform the school of any changes to your circumstances or updates to your WWCC. All Volunteers will need to complete the CESL School Volunteer Induction and read and acknowledge all relevant safeguarding policies at the start of each school year even if an existing Volunteer.

All information received regarding volunteering and providing referee details will be maintained in line with CESL Privacy Policy.

Please direct your referees to complete their initial referee check online using the QR Code below.

If you have any questions, or would like support to complete your application, please contact the school.

Volunteer Application



Our Lady of the Sacred Heart School Elmore is a



Child Safe School

we are committed to child safety at all levels
As a child, you have the right

- to tell someone if you are unhappy
- to have fun and do activities you enjoy
- to have a say and be heard
- to be provided with information
- to be allowed to be a child and be treated with respect
- if you are an Aboriginal or Torres Strait Islander child, to feel proud and strong in your own culture

If you do not feel safe, you can talk to one of our Child Safeguarding Officers.

Mrs Lisa Hitchcock
Ms Denise Nihill
Mrs Kim Portwine
Miss Lizzy Forbes

As a school community we work together to ensure we are child safe and that we empower student voice



Volunteer Referee Check Online Form QR Code





Scan here for more information!



ELMORE FRAMEWORK PLAN

- Elmore railway station
- Parks and recreation
- Compaspe river reserve
- Education
- Residential supply
- Future Residential Supply (subject to further investigation)
- Commercial Zone (Elmore Activity Centre)
- Future Non - Centre Commercial Supply (subject to further investigation)
- Town Centre
- Town Entrance
- Priority on road shared path
- Priority on road separated cycling lane
- Unsealed shared path
- Potential State Government crossing upgrade
- Compaspe River project (DIAARA Partnership)
- Compaspe River interface treatment
- Rural interface treatment

COMMUNITY ENGAGEMENT ON THE DRAFT ELMORE STRUCTURE PLAN IS NOW OPEN!

The City of Greater Bendigo has completed the preparation of the draft Elmore Structure Plan and Urban Design Framework and is now seeking feedback from the Elmore community.

The Elmore Structure Plan project sets out a long-term strategic vision until 2041. It aims to guide land-use, built form, and public space enhancements that together can achieve economic, social, and environmental benefits for the town. It also promotes diverse infill housing, investment in the commercial area, and builds on recommendations from broader City of Greater Bendigo strategic work.

There are opportunities to meet City staff in person and learn more about the draft plans:

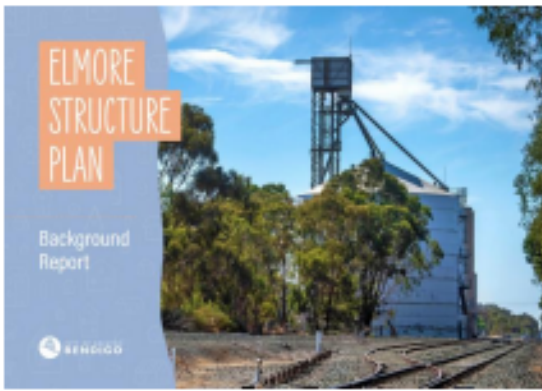
A Drop-in session will be held at the Elmore Community Hub, 3 Clarke Street on **Thursday, November 6** from 2pm to 7pm.

Public consultation is open until Monday November 10, 2025.

Feedback can be submitted in-person at our drop-in session or online via the Let's Talk Page below.

visit: <https://letstalkgreaterbendigo.com.au/elmore-plan>

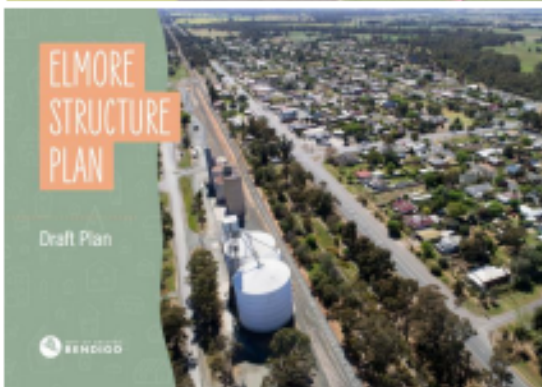




The **Background Report** provides a summary of technical reports, town profile, land uses and community engagement feedback to understand the key issues and opportunities to be addressed by the Structure Plan and Urban Design Framework.



The **Urban Design Framework (UDF)** focuses on the town center and provides preferred design outcomes for commercial development and public areas. The UDF also provides a series of recommendations for Elmore's public spaces to improve safety and amenity within the town centre.

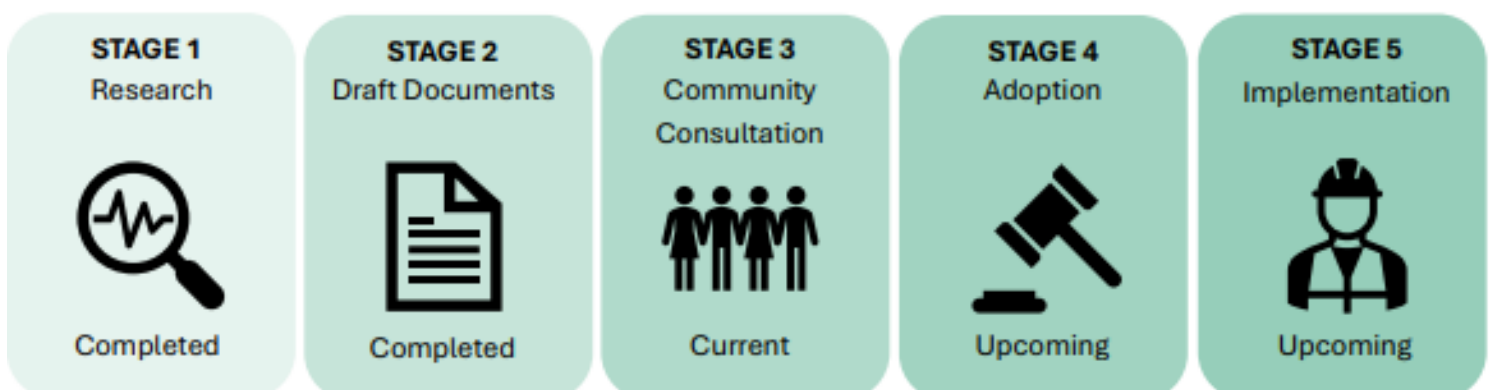


The **Structure Plan** provides a long-term vision for Elmore until 2041. It addresses the issues and opportunities summarised in the Background Report by identifying key objectives and actions which will guide how the vision for Elmore can be achieved.

Elmore Plan Key Priorities

- ✓ Supporting appropriate residential and commercial growth.
- ✓ Enhancing local infrastructure, particularly walking and cycling networks.
- ✓ Improving road safety and connectivity across the town.
- ✓ Increasing links between the town centre and the Campaspe River.
- ✓ Balancing targeted infrastructure investments for maximum community benefit.
- ✓ Encouraging moderate growth on vacant land and under-developed large lots
- ✓ Encouraging incremental change to allow a range of different housing types to accommodate changing and smaller household sizes.

Project Process – Timeline



Community News

We invite anyone with young children to come along to Parent Play!

After much consultation we are offering a great opportunity for all families to be delivered right here at Elmore Kinder. The Parent and Play Program during term 3 and 4 this year will consist of one information session and four "Parent Play" sessions here at kinder

All FREE with access to various qualified professionals including speech therapist, occupational therapist and psychologist.

- 30 JUL Parent Information Session - Elmore Hall Supper Room
- 13 AUG Play Session 1 - Promoting Communication & Language
- 03 SEP Play Session 2 - Planning, Focus & Attention
- 15 OCT Play Session 3 - Sharing & Turn Taking
- 12 NOV Play Session 4 - Heavy Work

SESSIONS ARE 12 - 2PM ON WEDNESDAYS DURING KINDER SESSIONS



03 5432 6341

65 Hervey Street, Elmore
sandra.houlahan@shinebright.org.au

SEASON 2025-26

DISCOVER THE FUN OF ATHLETICS

Age groups for U6-U17 Years Old
Friday Nights From 5.30pm
Windridge Oval, Rochester



Season Launch - Friday 10th October
Season Dates: 10th October 2025- 27th February 2026

NEW!

Training Nights (Optional) Windridge Oval
Every Monday Night (Starts 6th of October)
4.30pm-5.30pm

Register today at
lavic.com.au

WARMA TURTLES TRAINING SESSIONS

FOR THE UPCOMING JUNIOR NETBALL & FOOTBALL CARNIVAL 2025



Ages: 7- 17 years
When: Starts Sunday 17th August
(Every Sunday after leading up to carnival)
Time: 1pm - 3pm
Where: Echuca College, Oval/Netball Courts
20-50 Butcher St, Echuca
BYO DRINK BOTTLES & RUNNERS!



Contact Information
Laura Hudson - 0437 856 375
Warren Stevens - 0455 152 516

BENDIGO AUSKICK AND SUPERKICK TERM 4 PROGRAM

EPSOM HUNTLY REC RESERVE - MONDAYS FOR 5 WEEKS
STARTING 20TH OF OCTOBER - \$55 INCLUDES A FOOTBALL



nab AFL Auskick

5-6 year olds

Come find your awesome at NAB AFL Auskick. An introductory program to Australian rules football, teaching skills through fun activities and mini games.



AFL Superkick

7-12 year olds

Level up your footy with skills and modified match play in weekly sessions. NAB AFL Superkick is tackle-free and great for Auskick grads and newbies alike.

VISIT PLAY.AFL

SWIMMING LESSONS EXPRESSIONS OF INTEREST

We'd love to be able to offer Swimming lessons all summer this year.

We are looking at a few different avenues for facilitating these but it would be dependent on numbers.

Please fill out our online form if you are interested in swimming lessons for your children at Elmore Pool.

<https://tinyurl.com/SwimEOI>



ELMORE
Swimming Pool



Name-

Contact details-

Age (circle one) -5 & under -6 to 9 -10 to 13

Hand in by Wednesday 29th to EPS, OLSH, Elmore Kindergarten, Playgroup or email to elmoreplaygroup@gmail.com

Drawn on Friday 31st of October.

One main prize per age category. Competition ran by Elmore Playgroup