



From the Heart



Newsletter No. 26

20th August, 2025

COMING UP AT OLSH...

TERM 3

Aug 2025

Fri 22nd	Subway Lunch
Wed 27th	Elmore Kinder Visiting
Thurs 28th	Campaspe Cluster Athletics— Bendigo

Sept 2025

Mon 1st	Season of Creation Begins
Thurs 4th	Fathers Day Celebrations 8:15- 8:45am at medical centre
Mon 8th	School Advisory Council 7pm
Fri 12th	Learning Showcase Subway Lunch
Mon 15th	Division Athletics
Tues 16th	Blessing of the animals
Wed 17th	Science Day
Thur 18th	Confirmation and First Eucharist
Fri 19th	Last Day of Term—2:25 finish

TERM 4

Oct 2025

Mon 6th	First Day of Term 4
Tue 7th - Thu 9th	Elmore Field Days
Wed 8th - Fri 10th	Year 3/4 Camp
Mon 13th	Regional Athletics
Fri 24th	Prep Transitions
Fri 31st	Prep Transitions

Nov 2025

Mon 3rd	Pupil Free Day - Report Writing Day
Tues 4th	Melbourne Cup Public Holiday
Fri 7th	Mission Day
Mon 24th - Fri 28th	Year 5/6 Camp
Fri 28th	Gym and Swimming

Dec 2025

Mon 1st	Pupil Free Day —Planning Day
Thu 11th	Thanksgiving: Graduation Mass

From the Principal...

Dear Families and Friends of OLSH,

We've had such a great week, with plenty of smiles and memorable moments at OLSH and it is only Wednesday!

We began the week with our Book Week celebration on Monday, and what a fantastic day it was! The theme, "*Book an Adventure*," inspired students to explore new worlds and bring their favourite characters to life. The creativity on display during our parades and buddy rotation activities was amazing. It was so good to have Emore Kindergarten and Primary School join us for our EEG parade and the Blurbs! Thank you to all families who were able to join us and helped with costumes and encouraged their child's love of reading.

On Tuesday, we were so pleased to wish Sister Shirley a very happy 90th birthday. Sister Shirley is truly a remarkable person and we are so privileged to have her as a valued member of our community.

This morning, we welcomed families to our Science of Learning session with Dr Jared Cooney Horvath, who shared powerful insights into how stress, technology and sleep affect learning and wellbeing. It was a valuable and engaging session, and we're grateful to everyone who attended and contributed to the conversation. Your involvement helps strengthen the connection between home and school.

We are going to offer this session again as an online session on Monday 25 August at 7:00pm. This will hopefully allow more of our community the opportunity to attend the session. If you can please email me by Monday 25 August at 4:30pm. If you would like to join the session please email lhitchcock@olshelmore.catholic.edu.au I will email you a link to the session.

We are looking forward to our Campaspe Cluster **Athletics Sports Day for our Middle and Senior classes on Thursday 28 August**, and we're calling on volunteers to assist with our event. If you're available to help, please contact the school. We invite our families to join us and enjoy this great day of athletics. Your support makes these events possible and memorable for our students.

We're also pleased to begin our Sacramental Program this term, supporting students preparing for **Confirmation and First Eucharist**. If you would like your child to participate, please contact Ms Nihill.

Thank you for your commitment and care of our school community.

With peace and blessings,

Lisa Hitchcock

At OLSH we acknowledge and pay respect to the Dja Dja Wurrung people, the original custodians of the land on which our parish school is located. We pay our respects to elders past and present and commit to actively work alongside First Nations People for reconciliation and justice for all.

Our Lady of the Sacred Heart School promotes the safety, wellbeing and inclusion of all children.

W: olshelmore.catholic.edu.au PH: 5432 6254 E: principal@olshelmore.catholic.edu.au

School News

Loving God,

We give thanks for our school community, a place where we live and learn in faith. Bless our students, families and staff, and help us to be kind, curious and brave each day.

We thank You for the Daughters of Our Lady of the Sacred Heart Charism and the sisters who lived and worked with great love and generosity in our OLSH community and throughout the world.

They show us how to live through their spirituality of love, faith and service.

May we follow their example and share Your love and light with others.

Help us to live out our charism as heart people and to continue to make our school a place of love, peace and joy.

Amen.



Father's Day Celebration

We will celebrate Father's Day and all the special people in our lives with breakfast and activities on **Thursday 4 September at 8:15am-8:45am** with our Elmore Educator's Group – Kinder and Primary School. This will be held at the Elmore Medical Centre.

Catholic Education Sandhurst School Engagement Surveys

Family surveys will be sent home via email this week. Our students in Years 4-6 will complete the survey at school. I encourage you to complete this survey as it provides valuable feedback and information on how we can continue to improve and grow as a school community. Thank you!

SAVE THE DATES:

Term 3 Subway

We will enjoy our Subway lunches on **Friday 22 August and Friday 12 September**. These will be ordered via Canteen Hub. Thank you to Subway Epsom for supporting these days.

Athletics Campaspe Cluster Sports at Bendigo for Years 3-6 – Thursday 28 August please contact the school if you are able to help out.

Blessing of the Animals – Tuesday 16 September at 9:15am

2026 Foundation Enrolments



Our Lady of the Sacred Heart
32 Jeffery Street, Elmore
Ph: 5432 6254
Web: www.olsheimore.catholic.edu.au
Email: admin@olsheimore.catholic.edu.au
principal@olsheimore.catholic.edu.au

Principal: Lisa Hitchcock

School tours are available and enrolments applications accepted throughout the year please contact the school office.

Orientation Day:
Tuesday 9th December, 2025
11:45am - 1:45pm

Foundation Orientation Program - Little Chevies

Friday Oct 24 - 9:00am - 11:00am
Friday Oct 31 - 9:00am - 11:45am
Friday Nov 7 - 9:00am - 11:00am*
OLSH Mission Day *optional but must attend with a parent*
Friday Nov 14 - 9:00am - 11:45am
Tues Dec 9 - 9:00am - 2:30pm

We are People

- who TOUCH the of others
- who are Faith Filled
- who Pursue Excellence

Please contact the school for any further information or to discuss a school tour.

Bishop Shane Thanksgiving and Farewell Mass

Bishop Shane will celebrate a diocesan Mass of Thanksgiving and Farewell at **11:00 a.m. on Sunday 7 September** at Sacred Heart Cathedral, Bendigo, prior to travelling to Brisbane for his installation as the Archbishop of Brisbane on 11 September. All are invited to attend.

Elmore Field Days

Please see attached flyer at the back of the newsletter and assist us in filling the available shift. Thank you to those who have already volunteered. Many hands make light work.

Science of Learning - Family Sessions

A reminder to please RSVP for our family sessions or contact the school if you would like an alternative after school option. Please see below for the presentation topics. Further details and links on how to access each session will be shared closer to the date.

We are excited to bring Jared's expertise to our school community and thank you for your ongoing support and engagement.

Recording	Presentation Mode	Date and Time
Recording 1 Stress, Tech and Sleep	At school – Chevi Centre	Wednesday 20 August at 9am-10am RSVP – Wednesday 13 August
Recording 2 - Surviving Study – Understanding the three keys to learning and memory	At school – Chevi Centre	Friday 5 September at 2pm-3pm RSVP – Wednesday 28 August
Recording 3 Brain Development – Why we act like we do	School will share for at home viewing	Available from Monday 8 September

School News

Let's Bee Better Readers



WELCOME TO CANTEEN HUB



GETTING READY TO PLACE YOUR FIRST ORDER

- 1 Create a new profile at app.canteenhub.com.au/register-customer
- 2 Add Profile: Set up children or yourself under the Profiles tab
- 3 Search for your school via postcode or name
- 4 Select your class
- 5 Head to Order Now
- 6 Select the person you are ordering for
- 7 Select items from the approved menu & finalise your order
- 8 To place orders for multiple people. You will be asked when you finalise your first order if you would like to place another order for another profile (person)

help@canteenhub.com

www.canteenhub.com.au

Magnify Sandhurst

There are some great insights into Magnify Sandhurst and Catholic Education on these locally produced podcasts.



LEARNERS OF THE WEEK



Term 3, Week 4: Congratulations to our Learners of the Week!

School News



School News



World Heritage Day

Last week, the 5/6 students celebrated Heritage day where they immersed themselves in different cultures from around the globe.



MHiPS

Mental Health in Primary Schools

Hi OLSH Community,

This week I thought I would share information around the Raising Healthy Minds app resource.

At raisingchildren.net.au they provide free, reliable, up-to-date and independent information to help your family grow and thrive together. They are funded by the Australian Government, reviewed by experts and non-commercial, so you know you can trust us.

Designed for busy families and full of tips and tricks for you to try, our content is easy to find and easy to digest. They have the answers to hundreds of parenting questions, where and when you need them.

There articles, videos and interactive resources are tailored to different ages and stages, taking you from nurturing a newborn to raising a confident, resilient teen – and helping you to look after yourself as a parent too.

<https://raisingchildren.net.au/guides/raising-healthy-minds-child-mental-health>

Raising Healthy Minds app resource information.

Catholic Identity

We gathered together to celebrate Sister Shirley's 90th birthday. The students were in complete awe as they listened to her simple yet powerful message: "be kind." She spoke of Jules Chevalier, the founder of the OLSH order, whose words carried the same spirit—"love your enemies." Sister Shirley also shared that she would pray for all the students and keep their birthday card, with each of their names inside, treasured in her Bible.

For many years, Sister Shirley faithfully lived out her vocation as a Sister of Our Lady of the Sacred Heart in Papua New Guinea—a country she came to know, serve, and love deeply.

Her journey began in January 1960, when she first travelled to PNG to begin what would become a teaching and missionary career spanning nearly 50 years. After a long journey from Sydney on a DC3 aircraft and then on to Samarai by Catalina, Sister Shirley arrived in Milne Bay Province—a place remembered in history as the site of a great Allied victory during the Pacific War.

From there, she was assigned to Rossel Island, the most remote island in Milne Bay Province, surrounded by hundreds of miles of ocean and home to a community of about 4,000 people. Life on Rossel, like much of PNG at that time, still bore the marks of isolation and challenge.

The conditions were often primitive, and the task of helping prepare a young nation for self-government and independence was both daunting and inspiring.

Through it all, Sister Shirley gave herself wholeheartedly to the people she served—teaching, guiding, and witnessing to God's love in the most remote corners of the Pacific. Her life is not only part of the story of Australia's role in PNG's path to independence, but also an example of faith lived with generosity and resilience.

Sister Shirley, we honour you—for your 90 years of life, for your decades of mission, and for the countless lives you have touched with compassion and hope.

Ms Nihill



Bless THE ANIMALS AT OLSH ELMORE

All animals are welcome, bring your scaled, feathered or furry friends in honour of Saint Francis of Assisi.

A photo of your pet is welcome too.

When: Tuesday 16th September @9:15am
at Our Lady of the Sacred Heart School.



YOU'RE INVITED to
Sandhurst Celebration of
Season Of Creation on
Friday 5th September



Garden of Peace
Isaiah 32:14-18



Venue: **Huntly
Streamside Reserve**

(At Huntly, turn west into
Leans Rd then right at sign
into Streamside Reserve)

Time: **Mass celebrated by Fr Joe Taylor VG at 11am**

Picnic Lunch - Sausage sizzle provided
BYO lunch if preferred
BYO water bottles

**Blessing & Distribution
of native plants**
to schools & parishes
of Sandhurst diocese



EVERYONE is invited and encouraged to come
along and celebrate in this beautiful bush setting.



**PEACE
WITH CREATION**
SEASON OF CREATION 2025

Child Safeguarding

Volunteering at OLSH – Volunteer Applications

At Our Lady of the Sacred Heart School, the safety and wellbeing of our students is our highest priority. To uphold our commitment to child safety, ALL Volunteers are required to review and acknowledge our Child Safe Code of Conduct, Staff & Students Professional Boundaries Policy and Photography & Video Policy and Procedures. Additionally, Volunteers must complete a Volunteer Registration form and successfully complete the CESL School Volunteer Induction before commencing their role as a Volunteer.

We deeply value the contributions of our Volunteers and appreciate your support in maintaining a culture of care and protection. Thank you to all of our volunteers who have already completed their applications and for the valuable contributions you make to OLSH. Together, we can continue to provide a safe and nurturing space for every child to thrive.

For more information regarding volunteering contact us or click on the link to complete the Volunteer Registration form. Volunteer Registration Form or scan the QR Code.

All Volunteers will be asked to:

- Complete a Volunteer Registration form (including personal details, Working with Children Check (WWCC) and 2 personal referees), please inform your referees they will be contacted by the school in relation to your volunteering.
- Once you have completed the Volunteer Registration form and are approved to Volunteer at the school, you will be sent an email with a link to access the required training: (Please note – Completing this induction replaces the previous onsite induction interview)
- CESL School Volunteer Induction; and
- Read and acknowledge the Child Safe Code of Conduct, Staff & Students Professional Boundaries Policy and Photography & Video Policy and Procedures.

All Volunteers will be required to update details at the start of each year and inform the school of any changes to your circumstances or updates to your WWCC. All Volunteers will need to complete the CESL School Volunteer Induction and read and acknowledge all relevant safeguarding policies at the start of each school year even if an existing Volunteer.

All information received regarding volunteering and providing referee details will be maintained in line with CESL Privacy Policy.

Please direct your referees to complete their initial referee check online using the QR Code below.

If you have any questions or would like support to complete please contact the school.

Our Lady of the Sacred Heart School Elmore is a

Child Safe School



we are committed to child safety at all levels
As a child, you have the right

- to tell someone if you are unhappy
- to have fun and do activities you enjoy
- to have a say and be heard
- to be provided with information
- to be allowed to be a child and be treated with respect

if you are an Aboriginal or Torres Strait Islander child, to feel proud and strong in your own culture

If you do not feel safe, you can talk to one of our Child Safeguarding Officers.

Mrs Lisa Hitchcock
Ms Denise Nihill
Mrs Kim Portwine
Miss Lizzy Forbes

As a school community we work together to ensure we are child safe and that we empower student voice

Volunteer Application



Volunteer Referee Check Online Form QR Code



62nd ANNUAL



ELMORE FIELD DAYS

OCT 7, 8 & 9 2025



VOLUNTEER SHIFTS FOR ELMORE FIELD DAYS



Can you fill a volunteer shift for OLSH at the Elmore Field Days?

This year, OLSH is raising money to refurbish the sand pit area and we'd love your help with our major fundraiser!

Please see below volunteer roster with various shifts still available.

For every volunteer hour completed, OLSH gets a % of the catering profits

Our roster needs to be filled and returned to the Elmore Field Days Catering Committee by 15th August 2025

Date	Start Time	End Time	Hours	Role Allocated	
Fri, 03 Oct 25	9:00 am	3:00 pm	6	Pre Day set up	FILLED
Sun, 05 Oct 25	9:00 am	3:00 pm	6	Pre Day set up	FILLED
Mon, 06 Oct 25	9:00 am	3:00 pm	6	Pre Day set up	FILLED
Tue, 07 Oct 25	7:30 am	11:00 am	3.5	Food Production Table 4	FILLED
Tue, 07 Oct 25	8:30 am	5:00 pm	8.5	Special Orders	FILLED
Tue, 07 Oct 25	9:30 am	4:00 pm	6.5	Mobile Food Team	FILLED
Tue, 07 Oct 25	9:30 am	4:00 pm	6.5	Mobile Food Team	FILLED
Tue, 07 Oct 25	11:00 am	2:30 pm	3.5	Cashier (peak)	FILLED
Wed, 08 Oct 25	7:30 am	11:00 am	3.5	Food Production Table 4	FILLED
Wed, 08 Oct 25	7:30 am	2:00 pm	6.5	Special Orders	FILLED
Wed, 08 Oct 25	8:30 am	5:00 pm	8.5	Cashier	FILLED
Wed, 08 Oct 25	8:30 am	5:00 pm	8.5	Food Van 9	FILLED
Thu, 09 Oct 25	7:30 am	11:00 am	3.5	Food Production Table 4	FILLED
Thu, 09 Oct 25	7:30 am	2:00 pm	6.5	Special Orders	FILLED
Thu, 09 Oct 25	8:30 am	5:00 pm	8.5	Cashier	
Thu, 09 Oct 25	8:30 am	1:00 pm	4.5	Spare (full share)	
Thu, 09 Oct 25	11:00 am	2:30 pm	3.5	Cashier (peak)	
Fri, 10 Oct 25	9:00 am	3:00 pm	6	Post Day Pack Up	FILLED

If you, a friend or family member are able to fill a shift, please contact Amanda, (Bess & Harriet's mum) on 0438 510 672 or amandaosullivan4@gmail.com

Community News

We invite anyone with young children to come along to Parent Play!

After much consultation we are offering a great opportunity for all families to be delivered right here at Elmore Kinder.

The Parent and Play Program during term 3 and 4 this year will consist of one information session and four "Parent Play" sessions here at kinder

All FREE with access to various qualified professionals including speech therapist, occupational therapist and psychologist.

30 JUL Parent Information Session - Elmore Hall Supper Room

13 AUG Play Session 1 - Promoting Communication & Language

03 SEP Play Session 2 - Planning, Focus & Attention

15 OCT Play Session 3 - Sharing & Turn Taking

12 NOV Play Session 4 - Heavy Work

SESSIONS ARE
12 - 2PM
ON WEDNESDAYS
DURING KINDER
SESSIONS



03 5432 6341

65 Hervey Street, Elmore

sandra.houlahan@shinebright.org.au

SWIMMING LESSONS EXPRESSIONS OF INTEREST

We'd love to be able to offer Swimming lessons all summer this year.

We are looking at a few different avenues for facilitating these but it would be dependent on numbers.

Please fill out our online form if you are interested in swimming lessons for your children at Elmore Pool.

<https://tinyurl.com/SwimEOI>



ELMORE
Swimming Pool