



COMING UP AT OLSH...

July 2025

Wed 30th Girls Football—Moama

Aug 2025

Mon 4th School Advisory Council Meeting

Wed 6th 100 Days of Foundation
Division Netball

Fri 8th Mary MacKillop Feast Day
Subway Lunch

Mon 11th Division Football

Wed 13th Spirituality Day—**Pupil Free Day**

Fri 15th Feast of the Assumption

Mon 18th Book Week Parade
The Blurbs

Wed 20th Science of Learning Parent drop in 9
-10am

Thurs 28th Campaspe Cluster Athletics—
Bendigo

From the Principal...

Newsletter – 30 July 2025

Dear Families and Friends of OLSH,

As we settle into the rhythms and routines of Term 3, we have a lot to look forward to you and a lot be grateful for in our school community.

Next Wednesday 6 August, our Foundation students will celebrate their 100th day of school- “100 Days Brighter” -a wonderful milestone filled with lots of fun, creativity, counting and joy. It’s a wonderful opportunity to reflect on their learning journey so far and to celebrate the growth and enthusiasm they bring to our school.

Last term, our staff participated in three professional learning days with Dr Jared Cooney Horvath, exploring the Science of Learning. This work is helping us deepen our understanding of how students learn best and how we can support them more effectively in the classroom to further strengthen their continued growth.

To build on this learning, we’re excited to offer three parent and family sessions this term, by Dr Horvath. These sessions will provide valuable insights into how learning works and how you can support your child’s development at home. Please see details in the newsletter.

Thank you for your continued partnership in nurturing a faith-filled, caring and vibrant learning environment. If you have any questions or would like to connect, please don’t hesitate to make contact.

With peace and blessings,

Lisa Hitchcock

In this Sunday’s Gospel, one of Jesus’ disciples asks, “Lord, teach us to pray.” Jesus responds with the words of the Lord’s Prayer, offering not just a prayer but a model for how to approach God—with reverence, trust and persistence. He follows with a parable that encourages us to pray boldly and faithfully, reminding us that God is a loving Father who desires to give us good gifts.

Prayer is a gift in our Christian tradition. It is our way of connecting with God, expressing our hopes, seeking guidance and finding peace. Through prayer, we are reminded that we are never alone—God walks with us, listens to us and responds with love. The Lord’s Prayer is a cornerstone of our tradition, offering words that are simple yet profound, familiar yet always new.

The Lord’s Prayer

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.



At OLSH we acknowledge and pay respect to the Dja Dja Wurrung people, the original custodians of the land on which our parish school is located. We pay our respects to elders past and present and commit to actively work alongside First Nations People for reconciliation and justice for all.

School News

School Advisory Council Meeting

Our School Advisory Council will meet on **Monday 4 August at 7pm at OLSH**. I thank our council members for their ongoing commitment to OLSH and its continued growth.

NAPLAN

Last week, our NAPLAN results were shared with our Year 3 and Year 5 families at our learning conversations. OLSH has been working hard to develop their teaching and learning to maximise student growth over many years. This has included tracking our NAPLAN data, along with other standardised testing and assessment data, to ensure our students' continued achievement and development as well as to continually improving our teaching practice. The continued upward trajectory of improvement across all areas is a celebration for our students, parents, staff and community.

Thank you to our students, teachers and families for your continued commitment to learning, support and partnership in striving for academic excellence and the flourishing of all in our OLSH community.

State Cross Country -Congratulations Frankie!

On the 24th of July, I competed in the State Cross Country Final - a 3 km race at Melbourne Olympic Park. I felt nervous and excited around the huge number of kids competing from around Victoria. The rules were strict, as we weren't allowed to go outside the line; if we did, we would be disqualified. We also weren't allowed to push another runner. I noticed the sheep in the middle of the racecourse. Many kids fell over at the start, but I didn't because I was first in regionals and was able to run first. It was muddy and had one really big hill, which was slippery and really hard to run on. I came 23rd out of one hundred runners, and I would like to thank the OLSH community for all the support.

Frankie



Campaspe District Girls Football Carnival

Well done to Ayla, Amelia and Frankie on a great carnival today. Their determination and team work were outstanding. Thank you to Mrs Trewick and the St Joseph's players and coaches for making the day so great.



School News

Boys Division Football – Kennington

Division football was postponed on Tuesday until Monday 11 August due to the rain. Our students, will now participate in the Division Football on Monday 11 August. Thank you to Mrs Hayes for supporting the Campaspe Cluster football team.

Division Netball – Bendigo

Ayla, Amelia and Frankie will play in the Division Netball competition next Wednesday, 6 August. Congratulations to the girls on making it to the next round of netball competition. The girls will play for the Campaspe Cluster and attend with their families. Good luck Ayla, Amelia and Frankie!

Term 3 – Geography and PE

Students will have two sessions of specialist PE a week and a specialist geography subject this term. We will alternate science and humanities each term in a two year cycle for these areas of the curriculum. We had a great start to geography last week!

Pyjama Day – Friday 25 July

Thank you to everyone for the amazing support of Pyjama Day and children in foster care. We had a great day!



SAVE THE DATES:

Term 3 Subway

We will enjoy our Subway lunches on **Friday 8 August** and **Friday 12 September**. These will be ordered via Canteen Hub. Thank you to Subway Epsom for supporting these days.

Book Week Parade 9am and Blurbs Performance 1pm – Monday 18 August

Athletics Campaspe Cluster Sports at Bendigo – Thursday 28 August

Blessing of the Animals – Tuesday 16 September at 9:15am

2026 Foundation Enrolments—Enrolments still open!

**OUR LADY OF THE SACRED HEART
ELMORE 2026
ENROLMENT**

*Quality and affordable education for all -
welcoming everyone!*

Choose Excellence and Empowerment
Choose Courage and Compassion
Choose Acceptance and Achievement

Choose Our Lady of the Sacred Heart Elmore
All inclusive fees from \$10 a week - no more to pay*

ENROL NOW

For more information or to book a tour
(03) 5432 6254
principal@olsheimore.catholic.edu.au
www.olsheimore.catholic.edu.au

*Subject to eligibility

School tours are available and enrolments applications accepted throughout the year please contact the school office.

Orientation Day:
Tuesday 9th December, 2025
11:45am - 1:45pm

Foundation Orientation Program - Little Chevies
Friday Oct 24 - 9:00am - 11:00am
Friday Oct 31 - 9:00am - 11:45am
Friday Nov 7 - 9:00am - 11:00am*
Friday Nov 14 - 9:00am - 11:45am
OLSH Mission Day *optional but must attend with a parent*
Friday Nov 14 - 9:00am - 11:45am
Tues Dec 9 - 9:00am - 2:30pm

We are People

- who TOUCH the of others
- who are Faith Filled
- who Pursue Excellence

Please contact the school for any further information or to discuss a school tour.

OLSH Student Representative Council

Congratulations to Lachie, Willow, Bess, Charlie, Amelia and our Year 6 leaders for being our Term 3 Student Representative Council members. Our SRC met on Tuesday. They discussed and shared ideas that are important to them and to help OLSH be an even better school. We look forward to all of these students achieve as SRC members



School News

Elmore Field Days

Please see attached flyer at the back of the newsletter and assist us in filling the available shift. Thank you to those who have already volunteered. Many hands make light work.

Science of Learning - Family Sessions

Our Lady of the Sacred Heart and Catholic Education Sandhurst Ltd are pleased to announce an exciting partnership with world-renowned educational neuroscientist, Dr Jared Cooney Horvath, who conducted our diocesan wide three days of professional learning at the beginning of Term 2. Jared is a global leader in the Science of Learning, and his work offers powerful insights into how students learn and how we can best support them to thrive at school and beyond.

As part of this partnership, Dr Horvath has developed a special series of presentations specifically for parents and carers, focusing on how to understand and support children on their learning journey.

We are delighted to be able to share these three informative recordings with our school community as we continue our shared mission of helping every student reach their full potential.

Please see below for the presentation topics. Further details and links on how to access each session will be shared closer to the date.

Please RSVP to ensure we can share these with our community in the most effective way for our families. Additionally, let us know if you would like a live online option for the two school sessions – at this time or at a time after school.

We are excited to bring Jared's expertise to our school community and thank you for your ongoing support and engagement.

Recording	Presentation Mode	Date and Time
Recording 1 Stress, Tech and Sleep	At school – Chevi Centre	Wednesday 20 August at 9am-10am RSVP – Wednesday 13 August
Recording 2 - Surviving Study – Understanding the three keys to learning and memory	At school – Chevi Centre	Friday 5 September at 2pm-3pm RSVP – Wednesday 28 August
Recording 3 Brain Development – Why we act like we do	School will share for at home viewing	Available from Monday 8 September

Let's Bee Better Readers

Thank you to our families who joined us for reading on Tuesday!

There will be no reading tomorrow, Thursday 31 July due to staff attending Professional Learning. We will see you all back for reading on Tuesday 5 August!

Students will be able to play from 8:30am-8:40am each morning before reading.



Magnify Sandhurst

There are some great insights into Magnify Sandhurst and Catholic Education on these locally produced podcasts.

School News

LEARNERS OF THE WEEK



Term 3, Week 1: Congratulations to our Learners of the Week!

WELCOME TO CANTEEN HUB



GETTING READY TO PLACE YOUR FIRST ORDER

- 1 Create a new profile at app.canteenhub.com.au/register-customer
- 2 Add Profile: Set up children or yourself under the Profiles tab
- 3 Search for your school via postcode or name
- 4 Select your class
- 5 Head to Order Now
- 6 Select the person you are ordering for
- 7 Select items from the approved menu & finalise your order
- 8 To place orders for multiple people. You will be asked when you finalise your first order if you would like to place another order for another profile (person)

📧 help@canteenhub.com

🌐 www.canteenhub.com.au

HOT LUNCH AT OLSH

DURING WINTER, BRING ALONG YOUR LUNCH TO BE WARMED FOR FIRST BREAK!

Hello OLSH Community,

This week I share with you the Children's Wellbeing Continuum which provides shared common mental health and wellbeing language to support you when checking in with your child's wellbeing.

From day to day and in different areas of your child's life they may fluctuate within the continuum. This is part of the human experience.

Often all that is required is noticing, inquiring and asking questions and listening as your child talks about their day so they can let you know how they are feeling.

It then may help to have a further discussion with your child's teacher to see what supports can be put in place for your child if they are struggling or overwhelmed often in an area of their life.

Please see the link below to a short 2-minute video for parents that explains the Wellbeing Continuum and how you can use the to check in.

Wellbeing continuum captions on Vimeo



Child Safeguarding

Child Safeguarding Section

At Our Lady of the Sacred Heart, the safety and wellbeing of every child is our highest priority. We have a range of resources available in Child Friendly language. The following poster is from the Commissioner for Children and Young People (CCYP) to provide an explanation of the Child Safe Standards to children. These child friendly resources are reviewed with our students to ensure they understand their rights as a child.

Speak up – it's your right

Victoria's Child Safe Standards are designed to keep you safe.

Why the standards came about

In 2013, the Victorian Government looked at how safe organisations are for children and young people. It found that sometimes children and young people have not been kept safe by organisations and the adults who work in them. More needed to be done to keep children and young people safe in the future.

What are they for?

Out of home care providers, schools, churches, sports clubs, dance schools and other organisations have to keep you safe. This means:

- Only choosing adults who are safe to work with you.
- Listening to you about what makes you feel safe.
- Acting to protect you if someone hurts you or makes you feel unsafe.

What they mean for you

You can expect to be safe and to feel safe, wherever you go and whatever you do. You can expect that adults that work with you know how to keep you safe. You can tell an adult if you don't feel safe and they have to help you.

Our Lady of the Sacred Heart School Elmore is a

Child Safe School

we are committed to child safety at all levels

As a child, you have the right

- to tell someone if you are unhappy
- to have fun and do activities you enjoy
- to have a say and be heard
- to be provided with information
- to be allowed to be a child and be treated with respect

If you are an Aboriginal or Torres Strait Islander child, to feel proud and strong in your own culture

If you do not feel safe, you can talk to one of our Child Safeguarding Officers.

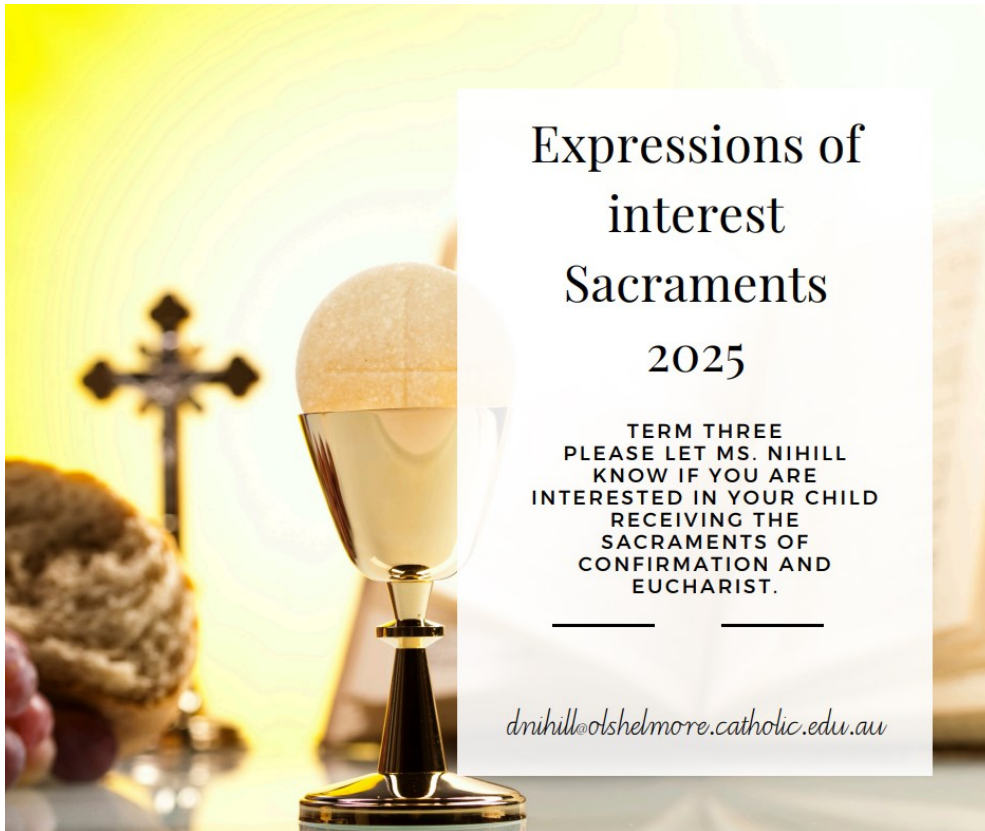
Mrs Lisa Hitchcock
Ms Denise Nihill
Mrs Kim Portwine
Miss Lizzy Forbes

As a school community we work together to ensure we are child safe and that we empower student voice

Our Lady of the Sacred Heart
ELMORE

Volunteer Referee Check Online Form QR Code

Catholic Identity



Expressions of
interest
Sacraments
2025

TERM THREE
PLEASE LET MS. NIHILL
KNOW IF YOU ARE
INTERESTED IN YOUR CHILD
RECEIVING THE
SACRAMENTS OF
CONFIRMATION AND
EUCCHARIST.

dnihill@olshelmore.catholic.edu.au

Mary
MacKillop!



PLEASE JOIN US ON AUGUST 8TH AT
3:00 PM AS WE CELEBRATE
MARY MACKILLOP'S FEAST DAY

OUR LADY OF THE SACRED HEART SCHOOL
During school assembly

#SAINTMARYMACKILLOPLITURGY

#EDUCATIONFORALL

#FIRSTAUSTRALIANSAINTE

62nd ANNUAL



ELMORE FIELD DAYS OCT 7, 8 & 9 2025



VOLUNTEER SHIFTS FOR ELMORE FIELD DAYS



Can you fill a volunteer shift for OLSH at the Elmore Field Days?

This year, OLSH is raising money to refurbish the sand pit area and we'd love your help with our major fundraiser!

Please see below volunteer roster with various shifts still available.

For every volunteer hour completed, OLSH gets a % of the catering profits

Our roster needs to be filled and returned to the Elmore Field Days Catering Committee by 15th August 2025

Date	Start Time	End Time	Hours	Role Allocated	
Fri, 03 Oct 25	9:00 am	3:00 pm	6	Pre Day set up	FILLED
Sun, 05 Oct 25	9:00 am	3:00 pm	6	Pre Day set up	
Mon, 06 Oct 25	9:00 am	3:00 pm	6	Pre Day set up	FILLED
Tue, 07 Oct 25	7:30 am	11:00 am	3.5	Food Production Table 4	
Tue, 07 Oct 25	8:30 am	5:00 pm	8.5	Special Orders	FILLED
Tue, 07 Oct 25	9:30 am	4:00 pm	6.5	Mobile Food Team	FILLED
Tue, 07 Oct 25	9:30 am	4:00 pm	6.5	Mobile Food Team	FILLED
Tue, 07 Oct 25	11:00 am	2:30 pm	3.5	Cashier (peak)	FILLED
Wed, 08 Oct 25	7:30 am	11:00 am	3.5	Food Production Table 4	
Wed, 08 Oct 25	7:30 am	2:00 pm	6.5	Special Orders	FILLED
Wed, 08 Oct 25	8:30 am	5:00 pm	8.5	Cashier	FILLED
Wed, 08 Oct 25	8:30 am	5:00 pm	8.5	Food Van 9	FILLED
Thu, 09 Oct 25	7:30 am	11:00 am	3.5	Food Production Table 4	
Thu, 09 Oct 25	7:30 am	2:00 pm	6.5	Special Orders	FILLED
Thu, 09 Oct 25	8:30 am	5:00 pm	8.5	Cashier	
Thu, 09 Oct 25	8:30 am	1:00 pm	4.5	Spare (full share)	
Thu, 09 Oct 25	11:00 am	2:30 pm	3.5	Cashier (peak)	
Fri, 10 Oct 25	9:00 am	3:00 pm	6	Post Day Pack Up	

If you, a friend or family member are able to fill a shift, please contact Amanda, (Bess & Harriet's mum) on 0438 510 672 or amandaosullivan4@gmail.com

Community News

ROUND 16 LAST HOME GAME FOR THE SEASON!

WHATS ON:

12pm - 2pm

- Temporary kids tattoos, by Chill Air studios
- Kenny "Tic-Toc's" fairy floss machine.

2:30pm

- Mini's netball game

3:15pm

- Auskick game, open to 5-10year olds

5:30pm

- Awards, Draws

6:30pm

- Barnyard night social event



OSHClub

Term 3: Week 3 timetable

DAY	ADVENTURE 1	ADVENTURE 2	ADVENTURE 3	ADVENTURE 4
MONDAY	Children's meeting: This enables the children to have a say in the adventures we are running at Play and Stay and raise concerns	Homework club: A fantastic way of giving your child extra support in a fun and creative environment	Obstacle course: Can you make an obstacle course all together and get through it as a team.	Draw to Music: Let's end the day with some relaxing drawing and some great music.
TUESDAY		Pupil free day		
WEDNESDAY	Mindful moment: Lets calm the room down with a little mindful moment to reset for the afternoon.	Homework club: A fantastic way of giving your child extra support in a fun and creative environment	Step game: Using the playgrounds and only 3 steps, can you tag the other students	Origami: Let's test their origami skills. Can you follow the instructions to make something wonderful
THURSDAY	Children's meeting: This enables the children to have a say in the adventures we are running at Play and Stay and raise concerns	Homework club: A fantastic way of giving your child extra support in a fun and creative environment	Badminton: Let's practice our skills at badminton, it's a bit different then tennis	Peg men: Using the pegs and other resources, can you build the ultimate peg person
FRIDAY	Building blocks: Lets start the day off with a building block challenge.	Homework club: A fantastic way of giving your child extra support in a fun and creative environment	Drill Sargent: this is a tricky game to stay involved in, its like an army-based drill test.	Squishy making: Using the resources in the space can you make a squishy that works!!



Elmore
FOOTBALL NETBALL CLUB

ELMORE FOOTBALL NETBALL CLUB

★ BARNYARD NIGHT ★

SAT 2ND AUG

LIVE MUSIC - BUCKING BULL - BONFIRE



6:30pm
BYO Drinks



Spit roast rolls & salads
Theme: Country
Location: <5km from Elmore. Bus available

Adults: \$30 - Kids \$10
Entry fee includes dinner, live entertainment, including a ride on Tex the bull.
Tickets- [Jump on our website](#)



Non-government schools census collection notice 2025

The Australian Government Department of Education (the department) would like to advise all staff, parents, guardians and students (where applicable) that it will collect certain information about your school, its staff and student body as part of the non-government schools census collection (the census).

How and what information is collected for the census?

Census information is provided to the department by your school legal entity (the approved authority) via the [SchoolsHUB website](#).

The census provides information about your school and the number and characteristics of the school's staff and student body during a specific reference period. Information and characteristics collected through the census include:

- teaching and non-teaching staff
- students' year level and workload
- students' gender and age (as on 1 July 2025)
- Aboriginal and Torres Strait Islander staff and students
- students with disability
- students receiving distance education
- day, boarding and overseas students.

v

The names of students and staff are not collected, apart from the name, position and contact details of the staff member nominated as the primary contact for the census.

Census special circumstance applications

Census special circumstance applications may also be made by schools to include a student/s who did not attend during the census reference period but otherwise meets census eligibility. Schools will provide the department with information and documents about the student demonstrating their eligibility. The department does not require personal information about a student and asks schools to de-identify any documents before providing them.

Purpose of the census collection

The information provided during the census is collected by the department in accordance with the *Australian Education Act 2013* (the Act) and the *Australian Education Regulations 2023* (the Regulations). The Act and the Regulations require the legal entity responsible for the administration of the school (the approved authority) to provide this information to the department to:

- Ensure the provision of Australian Government funding to schools is properly calculated and appropriately managed
- Conduct research, statistical analysis and develop school education policy for the Australian Government
- Meet national and international reporting obligations on school students in Australia
- Publish and provide information about schools to the public.

Use and disclosure of personal information

Your personal information is protected by law under the *Privacy Act 1988* (Cth) (Privacy Act). Personal information is information or an opinion about an identified individual or an individual who is reasonably identifiable.

Any use or disclosure of your personal information must occur in accordance with the Privacy Act and the Act and Regulations and any other applicable laws.

Your personal information provided to the department through the census may be:

- Used or disclosed by the department for the purposes outlined above under the heading Purposes of the census collection.
- Disclosed to the Australian Curriculum Assessment and Reporting Authority (ACARA) to publish on the [My School](#) website and include as high-level data for ACARA's National Report on Schooling in Australia.
- Disclosed to state and territory government departments and authorities in accordance with the Act and Regulations.
- Disclosed to Australian Government departments and authorities in accordance with the Act and Regulations.
- Disclosed to non-government school representative bodies in accordance with the Act and Regulations.
- Disclosed to a contracted auditor where the department decides to audit or verify the information provided by an approved authority about a school. The contracted auditor may use previously collected information or request access to individual student records for comparison purposes. The contractors may pass this information onto officers within the department, if there is a discrepancy in the data provided by the school and the school's records and further investigation is required. The contracted auditor must handle personal information in accordance with the Privacy Act.
- Disclosed to its service providers for the purposes of the provision of information and communications technology support services to the department.
- Used to validate data from other collections undertaken by the department.
- Used or disclosed where it is otherwise required or authorised by law including under the Act or Regulations, or otherwise permitted under the Privacy Act.

Other than in exceptional circumstances (for example, investigation of fraud relating to overseas students), the department does not disclose any of the personal information collected to overseas recipients.

You can find the department's privacy policy on the [Department of Education](#) website or request a copy from the department at privacy@education.gov.au. The privacy policy includes information about how to access or correct personal information held about you or your child, how to make a complaint about a breach of the Australian Privacy Principles and how the department will deal with such a complaint.



What do you need to do?

You are not required to do anything. The approved authority of the school is responsible for providing the information to the department.

Contacts for further information

Your school can provide information about data provided for you or your child for the purposes of the census. To find out more about the census collection and reporting, visit [SchoolsHUB](#).

