



COMING UP AT OLSH...

MARCH 2025

Tue 4th	Shrove Tuesday (Pancakes from 8am)
Wed 5th	Ash Wednesday Liturgy 2:50pm
Mon 10th	Labour Day Public Holiday
Wed 12th	NAPLAN Begins
Tue 18th	School Photos
Fri 21st	Harmony Day
Mon 24th	NAPLAN Closes
Wed 26th	Cluster Cross Country

APRIL 2025

Wed 2nd	PUPIL FREE DAY
Fri 4th	Last Day of Term (3 weeks holiday)
Tues 22nd to Thurs 24th	PUPIL FREE DAYS — Staff Professional Development
Mon 28th	School returns—first day back for students

From the Principal...

Dear Parents,

Whatever our culture, religion or language, we want food, shelter and good health. We want to be able to get up in the morning, excited for the day ahead; and sleep soundly at night. We want health and happiness for our loved ones.

We want to know that our lives are purposeful and sometimes gracious. We want to feel part of something greater than ourselves. We want and need inspiration and meaning.

St Paul in his inspiring letter to the people of Philippi encouraged them to “show an agreeable attitude to everyone”. He suggested how they might be able to do this: “All that is true, all that is worthy of reverence, all that is

Holy and good, all that has virtue... let that be the content of your thinking”. Phil 4:5,8,9. Today is Ash Wednesday and the start of the church season of Lent, As we move through the forty days of Lent, we might occasionally take a moment to reflect quietly, to rediscover the resources and strengths that are in our lives. We might begin to see more positively and appreciate more; we might value our existence and see ourselves with more gratitude and respect; which will lead us to seeing the same in others.

Cheers,
Matt.



School News



SCHOOL PHOTOS

School photos are on Tuesday, 17th March.

Order envelopes were sent home last week

Please return your orders to the school ASAP. No change will be given on the day so it is vital that parents hand in envelopes that have the correct money enclosed or pay via EFT as per the instructions on the order envelope.

Students should wear their school uniform and black school shoes on the day.

CARITAS AUSTRALIA
**PROJECT
COMPASSION**



**Ash Wednesday
Liturgy**



Ash Wednesday
(5th of March 2025)

This Lent, we are called to *Unite Against Poverty* through Caritas Australia's Project Compassion. By taking home a Project Compassion donation box or envelope, you'll be answering the Gospels' call to care for our global family and walk alongside the most vulnerable.

Your generous support this Lenten Season will enable Caritas Australia to provide life-changing support to communities facing poverty, food insecurity, lack of education, and water shortages, while building resilience against future challenges. Together, through faith and action, we can bring hope and opportunity to those most in need.

**UNITE
AGAINST
POVERTY**
this Lent



Please donate today.

You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code above.

Or online at caritas.org.au/project-compassion

Or by calling: 1800 024 413

Thank you for standing with us, as we *Unite Against Poverty* this Lent.

MHiPS (Mental Health in Primary Schools)



Mrs Webb has enjoyed getting to know the staff and students so far this term. Part of her role involves building staff capacity to support student wellbeing. An important part of wellbeing is learning self regulation strategies, Mrs Webb has been working alongside teachers and students in their classroom environments and is teaching mindfulness and relaxation techniques. A great resource for students and families that you may like to use to continue these mindfulness practices is the Smiling Mind App. This app assists in learning skills that promote mental wellbeing and can be downloaded from:

smilingmind.com.au/smiling-mind-app



Catholic Identity

Thank You...

Yesterday was a great success! Thanks to the many helpers who made it possible, the students loved the pancakes. Today, we came together as a school to reflect and pray, marking the beginning of our journey to Easter. Families received Lenten bags filled with meaningful symbols to support their personal or family journey through Lent. If you create a Lenten Prayer Space at home, please send a photo to Ms. Nihill.

Pancake Tuesday

What is the history of Pancake Tuesday, and why is it celebrated? What does the word "Shrove" mean, and how is it connected to this day? How is Pancake Tuesday linked to Lent and Easter? What were some traditional practices people followed on this day in the past? Why were pancakes chosen as the traditional food for this occasion? How do different countries celebrate Pancake Tuesday? What are some unique traditions related to this day around the world? What are some alternative names for Pancake Tuesday in different cultures?

'Shrove' is past tense for 'Shrive'

The word 'shrove' comes from a Roman Catholic practice. To 'shrive' meant going to confess your sins and being absolved by a priest. In the past, a 'shriving' bell was rung on Shrove Tuesday to call people to church to confess their sins before lent began.

Pancake Tuesday is more for the British or Australians than the USA. Americans say that "Pancake Tuesday" is not a thing!!

Shrove Tuesday

Around 52 million eggs are used on Pancake Day!

Ayla

Why do they do they do pancake Tuesday at our school and no other many school

Answer: a day for preparation when people would indulge, commonly eating pancakes and other sweet treats before fasting, which is why it has become known to some as Pancake Day.

Pancake Tuesday

Pancake Tuesday is a yearly tradition that was invented in 1445. We celebrate it because Catholics use up all the goodies like eggs, flour, milk, and sugar.

Chevi

The word "Shrove Tuesday" comes from the word Shrive, meaning absolution following confession

What is Shrove Tuesday-Sunny?

Shrove Tuesday, {also known as Pancake Tuesday, is the last day before the period that Christians call Lent. It is traditional on this day to eat pancakes

Zayde

We do Pancake Tuesday because it is the day before Ash Wednesday. We confess sins to a priest.

HISTORY 🇬🇧 🇦🇺 🇺🇸 (• ◡ •)

It dates back to British Christians eating pancakes on Shrove Tuesday 1445. Along with its emphasis on feasting, another theme of Shrove Tuesday involves Christians repenting

their sins in preparation to begin the season of Lent in the Christian liturgical calendar.



Cluster Swimming



Community News

Elmore
SMALL TOWN, BIG HEART

Community Calendar

MARCH

- 3rd Elmore District Health Service Auxiliary meeting, 10am at Elmore Primary Health.
- 5th Campaspe Run Extraordinary General Meeting 7pm Campaspe Run, 61 Railway Place.
- 6th Field Days Catering Committee AGM at Chevalier Centre, rear OLSH school, Childers St entry, 7.30.
- 7th World day of Prayer, Anglican Church, 10am.
- 15th Craig Castree talks at Echuca Library, Echuca Library, 310 High Street 10.15am.
- 11th Kay's Classic Fashions, Uniting Church, 1.30pm.

Line dancing classes fortnightly on Tuesdays at 7pm at the Elmore Memorial Hall. Enquiries to Kay, 0408 511 813.

YOGA: Elmore on Tuesdays, 5.30-6.45pm, at Chevalier Centre, OLSH school, until 1st April 2025. Phone Lea Holmberg 0429978310. See website - www.yogaspot.com.au

SCHOOL UNIFORMS

Uniforms can be ordered at any time:

- Phone Hip Pocket on 5480 1027 or
- Visiting Hip Pocket at 173 Pakenham St, Echuca.

Families are also welcome to go through our stock of second hand items. Call the office to make a time.



ELMORE PS
150 YEAR CELEBRATIONS

COMMUNITY FAIR

SATURDAY 29TH MARCH 10AM - 3PM

FOR THE KIDS

UNLIMITED ACTIVITY PASS

EARLY BIRD PRICE \$25 OR \$30 ON THE DAY

JURASSIC ADVENTURE

- INFLATABLES
- INTERACTIVE REPTILE DISPLAY
- PLAYGROUP PLAY CENTRE
- TEMPORARY TATTOO
- CFA FIRE TRUCK
- VICTORIA POLICE CAR + STAND

INFLATABLE BUNGEE-RUN

INCLUDES 1 X SAUSAGE AND SOFT DRINK

- 25+ Market Stalls
- Extensive historical Displays
- Student Art Displays
- Commemorative tea towel, pavers and local wine
- Food and Drink
- Live entertainment
- Licensed Bar

PAST AND PRESENT STUDENT AND STAFF PHOTO AT 1PM

CONTACT THE SCHOOL ON 54326247 OR EMAIL ELMORE.PS@EDUCATION.VIC.GOV.AU TO PRE-PURCHASE UNLIMITED ACTIVITY PASSES, TEA TOWELS, PAVERS AND WINE. ALL ITEMS CAN BE PURCHASED ON THE DAY.

ELMORE FOOTBALL NETBALL CLUB PRESENTS

SEASON LAUNCH

FAMILY DAY

\$1000 DRAW

EXTRAVAGANZA

SATURDAY
5TH APRIL
12PM

AT ELMORE REC RESERVE

TICKETS
\$30 ADULTS
KIDS FREE*

TICKET INCLUDES:
 LUNCH & NIBBLES
 TICKET INTO \$1000 DRAW
 LIVE ENTERTAINMENT

Join us to celebrate the start of the 2025 season

\$1000 cash draw

Come mingle with new and current members

Meet the coaches

Our Family Fun Day is packed with activities for all ages, including:

- FACE PAINTING
- KIDS ENTERTAINMENT
- LAWN GAMES
- FAIRY FLOSS

TICKETS AVAILABLE THROUGH WEBSITE AND SOCIAL COMMITTEE

NOTE: THERE WILL BE FOOTBALL & NETBALL TRAINING ON FROM 10:30AM, SPECTATORS WELCOME

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Play in the Garden Day

CELEBRATING NATIONAL PLAYGROUP WEEK
A DAY OF FUN, CONNECTION, LEARNING AND PLAY

10AM - 1PM

TUESDAY MARCH 18

GARDEN FOR THE FUTURE
BOSQUET STREET, WHITE HILLS

FREE EVENT
FOR CHILDREN UNDER 6 YEARS OF AGE

LOTS OF FUN, FREE ACTIVITIES INCLUDING:

- CONNECT WITH LOCAL EARLY YEARS SERVICES
- LIVE ENTERTAINMENT
- FACE PAINTING
- CIRCUS ACTIVITIES
- LIBRARY ACTIVITIES
- ART AND CRAFT
- ANIMAL FARM
- PONY RIDES
- BUBBLES
- SENSORY PLAY
- LOW COST PLAY IDEAS
- SPORTS GAMES AND GYMNASTICS

FREE FRESH FRUIT • \$2 SAUSAGES and VEGGIE BURGERS • COFFEE AVAILABLE

Coliban Water refill unit available please remember to bring your drink bottle.
Child-safe event. Smoke and vape free event.

For more information and other events visit www.connectgreaterbendigo.com.au